



CENTER FOR GRIEF RECOVERY & THERAPEUTIC SERVICES
INSTITUTE FOR CREATIVITY & DEVELOPMENT
1263 W LOYOLA CHICAGO, IL 60626 773.274.4600



Holding on or Letting Go? Treatment Considerations for Complicated Grief and Differing Attachment Styles

Presented by Paul M. Martin, Psy.D.

Friday April 21, 2017, 8:30am-12:00pm

Loss, grief and mourning are ubiquitous human experiences that pervade the work of therapists, psychiatrists, counselors, and social workers alike. Helping bereaved clients can be challenging and confusing. How do we determine the difference between normal and complicated grief? In what ways can we tailor our interventions to accommodate the specific temperaments of our clients? Dr. Paul M. Martin will explore research on the topics of complicated grief and attachment theory. He will then share his thoughts on the subtleties of diagnosing complicated grief, the importance of taking attachment style into consideration when designing treatment plans for bereaved clients, and the creative ways in which grief therapy can be strengthened by implementing treatment plans that are designed with the client in mind. Lastly, Dr. Martin will discuss an often-misunderstood activity that research shows to be effective in traversing grief and mourning: ritual.

The Center for Grief Recovery has been in the Roger's Park community for 30 years. We are passionate about supporting grievers. Our mission is to empower individuals to heal themselves and enrich their lives. Our team specializes in bereavement, coaching our peers, advising the news media, public speaking, and nurturing companies through the grief process. The Center for Grief Recovery is nonsectarian.

LEARNING OBJECTIVES:

- List four differences between uncomplicated grief and complicated grief.
- Describe the fundamental tenets of attachment theory.
- Recognize the essential differences between attachment styles and how each manifests differently amidst experiences of grief in clinical work.
- Identify techniques that research shows to be more effective for complicated grief depending on the patient's attachment style.

Location: The Center for Grief Recovery
1261 W. Loyola, Chicago, IL 60626
www.griefcounselor.org

Date & Time: Friday April, 21st, 8:30am- 12:00pm

Pricing: \$75.00
Students or less than 5 years post degree \$50.00

Early registration is recommended, as space is limited.



TO REGISTER: WWW.CONTINUINGEDUCATIONPARTNER.COM/CENTERFORGRIEF/

ABOUT THE PRESENTER:



Paul M. Martin, Psy.D. is a licensed clinical psychologist. He serves as the assistant director of The Center for Grief Recovery, a Chicago-based nonprofit organization and group practice in which his own private practice is housed; The Center offers individual, group and family therapy. Dr. Martin specializes in clinical services for those struggling with loss and grief; he also provides consultation to workplaces that have experienced loss and individual professionals working with cases pertaining to grief. Dr. Martin is an affiliate faculty member at The Chicago School of Professional Psychology where he teaches graduate-level psychology coursework that focuses on psychodynamic theory and intervention as well as the broad topic of separation, loss and mourning. Dr. Martin is currently writing a book entitled Absence and Presence: How Rituals Help Us Mourn.

Cancellation policy

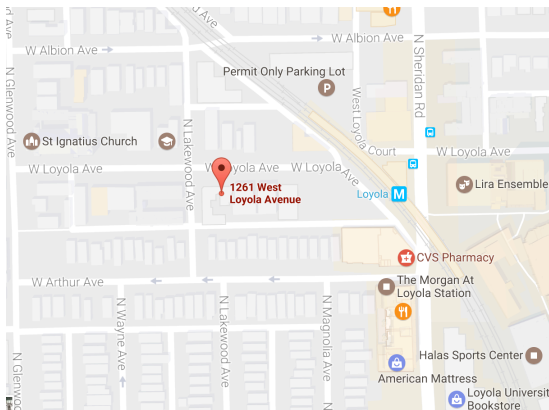
- Full refund if cancellation received three weeks prior to program. Thereafter, refund only if substitute can be arranged. Please get in touch with the program coordinator, Paul M. Martin, Psy.D. at (773) 981-7242 to address any questions or concerns.

Continuing Education

- This program is available for 3 continuing education credits/hours. Participants must attend 100% of the program. There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, presenter, program contact, research, grants or other funding that could reasonably be constructed as conflicts of interest. This program is approved by the Continuing Education Institute of Illinois to sponsor continuing education for psychologists, counselors, (clinical/professional), social workers, and marriage and family therapists.

The Center for Grief Recovery

- The Center for Grief Recovery is committed to accessibility and non-discrimination. If you believe that a violation of ethics has occurred during this program, or if you have concerns about accessibility for people with disabilities, distress with regard to program content, or any other complaints or questions, please contact Paul M. Martin, Psy.D. at (773) 981-7242. The Center maintains responsibility for the program and its content.



The Center's main address is 1263 W. Loyola. However, the workshop will be held next door at 1261 W. Loyola in our beautiful newly constructed space. Street parking is available at no cost. There is a nearby parking garage on the corner of Arthur Ave and Sheridan Rd, next to the CVS. For those taking public transportation, our location is one block west of the Loyola red line station.

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