



# A Ghost in the Transference: Attachment to the Deceased and the Therapeutic Relationship

Presented by

**Paul M. Martin, Psy.D. & David Fireman, LCSW**

**Friday November 10, 2017, 8:30am-12:00pm**

Mourning is an inherently social process. Within grief counseling, the therapeutic relationship plays a crucial role in coping with complicated bereavement after a loss, but what if the therapist-patient dyad itself becomes complicated? How does the past relationship with the deceased influence the here-and-now therapeutic relationship?

Building upon the basic tenets of attachment theory, this program explores the clinical phenomenon of transference in grief counseling. Various types of attachment to the deceased can not only impede the mourning process, they can also shape the subjective experience of the therapeutic relationship and manifest in problematic reenactments. This presentation will look at attachment theory, theories of transference and countertransference, and the psychodynamic tradition of self psychology to better conceptualize impasses within grief counseling and use the here-and-now therapeutic relationship to overcome complicated bereavement and provide healing.

**The Center for Grief Recovery** has been in the Roger's Park community for 30 years. We are passionate about supporting grievers. Our mission is to empower individuals to heal themselves and enrich their lives. Our team specializes in bereavement, coaching our peers, advising the news media, public speaking, and nurturing companies through the grief process. The Center is a nonsectarian 501(c)3 nonprofit Illinois corporation.

## LEARNING OBJECTIVES:

- List three ways in which complicated grief manifests in relational behavior.
- Describe the essential differences between attachment styles and how each manifests in different ways amidst experiences of grief in clinical work.
- Identify therapeutic techniques that research shows to be more effective for complicated grief depending on the patient's attachment style.

**Location:** The Center for Grief Recovery  
1261 W. Loyola, Chicago, IL 60626  
[www.griefcounselor.org](http://www.griefcounselor.org)

**Date & Time:** Friday November 10<sup>th</sup>, 8:30am- 12:00pm

**Pricing:** \$85.00  
Students or less than 5 years post degree \$55.00

**Early registration is recommended, as space is limited.**



## ABOUT THE PRESENTERS:



Paul Martin is a licensed clinical psychologist. He serves as the assistant director of The Center for Grief Recovery. Dr. Martin specializes in clinical services for those struggling with loss and grief; he also provides consultation to workplaces that have experienced loss and professionals working with cases pertaining to grief. Dr. Martin is a faculty member at The Chicago School of Professional Psychology where he teaches graduate-level psychology coursework on psychodynamic intervention as well as the broad topic of separation, loss and mourning. Dr. Martin is currently writing a book entitled [Absence and Presence: How Rituals Help Us Mourn.](#)



In addition to directing the Center, David Fireman holds a practice grounded in Self and depth psychologies. He is a proponent of pragmatic empathy, which entails working in partnership with the therapist, to understand and explain core organizing beliefs about self and others, and practicing realistic ways to both manage and transform non-productive habit patterns into compassionate and useful actions. In tandem with his client work, he also provides professional consultation services to therapists in private or agency settings. Finally, to round out his traditional training in social work and psychotherapy, David draws from his experience as a practitioner of judo, yoga, Tibetan forms of meditation, and Jewish spirituality.

### Cancellation policy

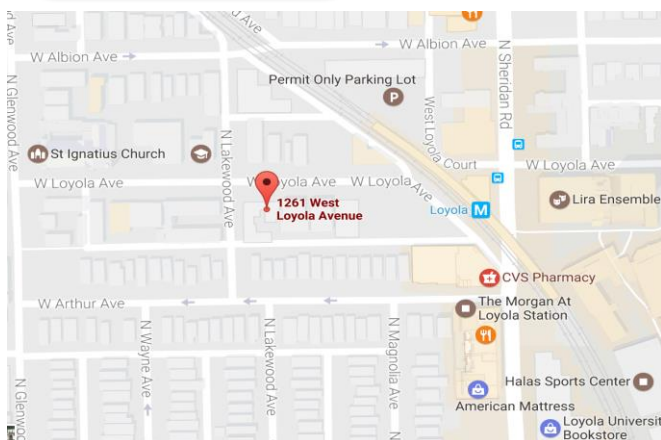
- Full refund if cancellation received three weeks prior to program. Thereafter, refund only if substitute can be arranged. Please get in touch with the program coordinator, Paul M. Martin, Psy.D. at (773) 981-7242 to address any questions or concerns.

### Continuing Education

- This program is available for 3 continuing education credits/hours. Participants must attend 100% of the program. There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, presenter, program contact, research, grants or other funding that could reasonably be constructed as conflicts of interest. This program is approved by the Continuing Education Institute of Illinois to sponsor continuing education for psychologists, counselors, (clinical/professional), social workers, and marriage and family therapists.

### The Center for Grief Recovery

- The Center for Grief Recovery is committed to accessibility and non-discrimination. If you believe that a violation of ethics has occurred during this program, or if you have concerns about accessibility for people with disabilities, distress with regard to program content, or any other complaints or questions, please contact Paul M. Martin, Psy.D. at (773) 981-7242. The Center maintains responsibility for the program and its content.



The Center's main address is 1263 W. Loyola. However, the workshop will be held next door at 1261 W. Loyola in our beautiful newly constructed space. Street parking is available at no cost. There is a nearby parking garage on the corner of Arthur Ave and Sheridan Rd, next to the CVS. For those taking public transportation, our location is one block west of the Loyola red line station.

**TO REGISTER:** [WWW.CONTINUINGEDUCATIONPARTNER.COM/CENTERFORGRIEFNOV/](http://WWW.CONTINUINGEDUCATIONPARTNER.COM/CENTERFORGRIEFNOV/)